



Pregnancy Loss at Work: Policy, Practice and Support

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Dear Delegate,

I am delighted to welcome you to your MyPD training course.

At MyPD, we are passionate about supporting your professional growth. Our courses are carefully designed to be engaging, practical, and relevant, ensuring that you leave equipped with valuable knowledge and skills that you can immediately apply in your role.

Throughout the course, you will have the opportunity to share experiences, collaborate with others, and explore new ideas in a supportive and stimulating environment. Our trainers are dedicated to creating an interactive and enjoyable learning experience, and we encourage you to make the most of your time with us by asking questions, participating fully, and embracing new perspectives.

Whether you are here to build upon existing strengths, tackle new challenges, or simply refresh your skills, we are here to support you every step of the way.

Thank you for choosing MyPD for your professional development.

I wish you every success on your learning journey.

Kind regards,
Reuben Carr
Training Manager



Joining Information



Zoom Meeting

Start time: 9:30am BST

[Click here to join the meeting](#)

Meeting ID: 310 494 2999

Meeting Password: amb943

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Overview

One in four pregnancies ends in loss, yet many workplaces remain unprepared to respond.

With upcoming changes to the Employment Rights Act introducing statutory bereavement leave for early pregnancy loss, organisations face both a legal requirement and a responsibility to respond with care, clarity and consistency.

This practical, research-informed workshop supports organisations to understand pregnancy loss and its impact at work, while preparing for legislative change. It provides clear guidance on employee rights, workplace responsibilities and how to respond appropriately when someone discloses a loss.

The session combines expert insight with practical application, helping you build confidence in handling sensitive conversations, reviewing policies and creating a more supportive workplace environment.

Learning Outcomes

- Understand the impact of pregnancy loss on employees and the workplace
- Interpret current and upcoming legal requirements, including the Employment Rights Act changes
- Respond appropriately and sensitively to pregnancy loss disclosures
- Identify gaps in current policies and practices
- Take practical steps to create a more supportive and compliant workplace

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Agenda

9:20	Registration, Welcome and Introduction
09:30	Pregnancy Loss: An Introduction • Definition and types of pregnancy loss • Prevalence, causes and risk factors • Treatments and interventions • Physical and psychological impact, including on partners • Implications for the workplace
10:00	The Legal Landscape • Overview of current employee rights • The Employment Rights Act and pregnancy loss • 2027 bereavement leave entitlement for pre-24-week loss • Preparing for legislative change • Moving beyond compliance
11:50	Break
12:10	Preparing Your Organisation • Reviewing and updating policies • Practical steps to improve workplace support • Return-to-work considerations and reasonable adjustments • Internal and external support options • Individual application exercise
12:45	Q&A, Summary and Close
13:30	Trainer's Summary and Close *Programme subject to change

Trainer Profile: Katy Schnitzler



Katy Schnitzler is a leading specialist in pregnancy loss, infertility and childlessness in the workplace. She is the Founder and Director of MIST Workshops Ltd. and Training & Research Lead at The Miscarriage Association, where she works to improve understanding, support and policy around reproductive loss and grief.

With a background in business psychology and academia, Katy's work is informed by her doctoral research exploring miscarriage in the pro-natal workplace, including the stigma, emotional labour and challenges employees face when navigating pregnancy loss at work. Her research and consultancy focus on creating compassionate, evidence-informed workplace cultures that better support those affected.

Katy delivers specialist training, policy guidance and consultancy to organisations across the UK, including NHS trusts, universities, charities and major corporate employers. Known for her empathetic, engaging and research-informed approach, she helps organisations build confidence in responding sensitively and meaningfully to pregnancy loss and related experiences.

Through both her professional expertise and advocacy, Katy is passionate about breaking the silence surrounding pregnancy loss, reducing stigma and helping workplaces create psychologically safe and supportive environments for all employees.

Your Needs, Your Training. Tailored Solutions for Every Client.

At PDG, we understand that every organisation has unique needs, that's why we offer tailored in-house training solutions to help your team develop the skills and expertise they need to thrive. Our in-house courses are designed to align with your organisation's specific goals, ensuring that your employees gain the knowledge they need in a way that is both relevant and impactful.

Our Process

Consultation

We begin with a comprehensive consultation to understand your audience, review existing challenges, and identify specific problem areas and desired learning outcomes.

Development

Our team develops a tailored training solution, leveraging subject matter expertise to create a proposal that aligns with your organisational objectives.

Proposal

We provide a detailed proposal that outlines the scope, costs, and terms, ensuring transparency and clarity for your decision-making process.

Pre-Delivery Meeting

We conduct a pre-delivery meeting with the trainer or subject matter expert allowing for necessary adjustments to ensure the training meets your expectations.

Delivery

The training is delivered by our qualified facilitators, focusing on engagement and interaction to enhance participant learning and retention.

Evaluation

We carry out a thorough evaluation to assess the effectiveness of the programme and gather feedback, ensuring alignment with your training goals and identifying opportunities for future enhancements.



BOOK A MEETING

to discuss bespoke courses
for your team

Woody Maxey-Graham

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THANK YOU FOR CHOOSING
MYPD FOR YOUR
PROFESSIONAL DEVELOPMENT
WE HOPE TO SEE YOU AGAIN SOON



IN PARTNERSHIP WITH



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